



HERTFORDSHIRE ORIENTEERING CLUB



Burnham Beeches & Egypt Wood

Sunday 28 February 2010

FINAL INSTRUCTIONS

GENERAL

At the time of writing these instructions, our event is ON as planned. There are maps available on the day for all courses, but as always will be available only subject to demand. Please check www.happyherts.org.uk for EOD course availability after on line entry has closed and for urgent messages on Saturday 26 February.

The conditions for use of the competition area and parking field, do not permit dogs, even if kept inside cars. Regrettably, we will have to turn away anyone arriving with a dog.

Burnham Beeches is a public area. Please be courteous to other people, who have as much right as you have to use the area. Serious complaints could jeopardise future events here, or on any of the many other City of London sites used for orienteering.

We are grateful to the Commissioners for the City of London for access to Burnham Beeches and to Portman Burtley Estate for the car park field and access to Egypt Wood.

Sport Ident punching will be used for the event.

ACCESS

The event centre is in a field accessed from the junction of Abbey Park Lane, Boveney Wood Lane and Park Lane. OS Grid Ref [SU 939 864](#).

For competitors arriving from the north, access to the event centre will be signed from the A355 (south) exit from the roundabout at M40 Jn 2. From the south, the event will be signed on the A355 just south of the M40 at the junction with Burnham Lane. Competitors must use the signed access route if possible to avoid un-necessary traffic crossing the competition area.

The preferred access route includes a 6ft 6in width restriction. If your proposed vehicle cannot negotiate this restriction please contact the organiser at burnham-28-02-10@happyherts.org.uk to obtain a map showing a suitable alternative access route. The alternative route will not be signed.

Access to the parking field is through a 3 metre wide gateway and unless we can remove it, a second gateway approximately 20 metres further into the field. The two gateways are not in line with each other. This will cause difficulties for long vehicles. Please select your vehicle carefully if you have a choice. Large buses and coaches cannot be accommodated.

The field entrance is at a minor junction on narrow lanes. Queuing on the road will not be appreciated by local traffic, so we will attempt to greet competitors inside the field to allow some queuing space in the gateway area. A charge of £1 per motor vehicle (regardless of size) will be made for use of the car park. Please have £1 ready to minimise delay.

Due to the restricted field access, a one way traffic system will be adopted. Except in case of emergency, there will be NO EXIT BEFORE 12h00 and after this time inward traffic will have priority.

www.happyherts.org.uk



HERTFORDSHIRE ORIENTEERING CLUB



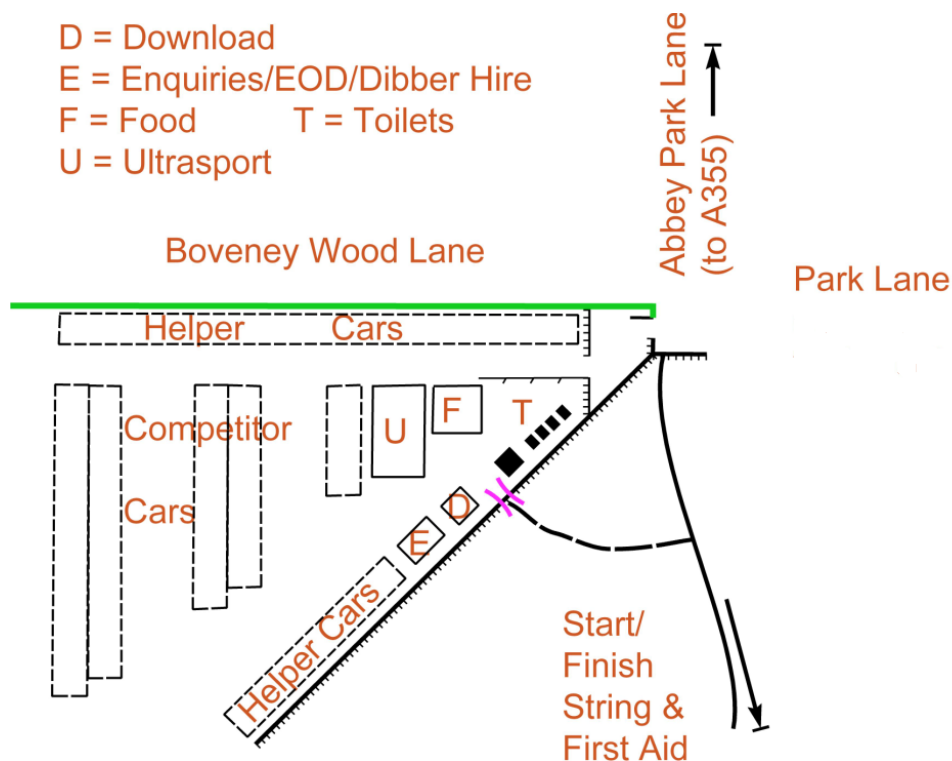
The visibility on leaving the car park is very restricted due to a thick hedge close to the roadside. A marshal will be posted to assist your exit, but ultimately, you will be responsible for driving your vehicle safely.

EVENT CENTRE

A sketch showing the approximate layout of the event centre field can be found below. Ultrasport and Continental Caterers will be on site. Please give them your support.

If you have pre-entered and have your own SI dibber, you can go directly to the start at your allotted time. There is no need to record your presence. Your dibber will do that for us when you punch at the start.

If you have pre-entered, but need to hire an SI dibber, please go to Enquiries where you will be handed a bag containing your dibber for the event. Be careful not to lose the dibber. If lost, you will be charged for a replacement at a cost of £30. You should already have been allocated a start time, so when you have your dibber, you can go to the start at your allotted time.



If you need to change your start time, time slots may be available, subject to maintaining a 4 minute gap between other members of your club. To change your time please ask at Enquiries. It is a punching start, so it may also be possible to change your time at the start, but this is NOT recommended and could involve a long cold wait in order to abide by BO rules for this level of event.

If you wish to change your course, please go to Enquiries who will help you. You will not be able to change your course at the Start.

If you have not pre-entered, please go to Enquiries to collect a registration slip. When you have completed this take it to Entries on the Day (EOD), pay, receive a starting slip and start time and if required hire a dibber. You may then go to the start for your allotted start time. Don't forget your starting slip. This must be handed in at the start.



HERTFORDSHIRE ORIENTEERING CLUB



Be warned. There are no toilets at the start and the wood is either out of bounds, or doesn't provide much cover throughout the route to the start. Go before you leave the Event Centre.

First Aid is provided close to the finish. This is over a kilometre from the Event Centre. If you have urgent need of assistance whilst at the Event Centre, please go to Enquiries who will summon help for you.

A box will be provided at Enquiries if you wish to leave car keys.

ENTRY ON THE DAY (EOD)

Registration for EOD will be open from approximately 09h30 until 12h00.

Senior EOD is £12 with a £2 supplement for non BO affiliates. Junior entry is £6. SI Dibber hire is £1. Charge for lost dibbers £30. Places are available on all courses at present. See www.happyherts.org.uk after closure of on-line entries for final availability.

Courses available with recommended age classes:-

Course	Age Classes	Length	Climb	Controls
Black	M21	13.3 Km	240m	29
Brown	M35, M40	11.1 Km	215m	23
Short Brown	M18, M20, M45, M50, M21S, W21	9.0 Km	190m	20
Blue	M16, M55, M60, M35S, M40S, W35, W40	7.4 Km	145m	14
Short Blue	M65, M45S, M50S, W18, W20, W45, W50, W21S	5.7 Km	105m	16
Green	M70, M55S, M60S, W16, W55, W60, W35S, W40S	4.7 Km	125m	14
Short Green	M75, M80, M65S, M70S, W65, W70, W75, W80 W45S, W50S, W55S, W60S	4.0 Km	90m	13
Light Green	M14, W14	3.9 Km	70m	10
Long Orange	Long Wayfarer	5.4 Km	75m	16
Orange	M12, W12	3.0 Km	50m	8
Yellow	M10, W10	2.8 Km	55m	13
White	Novice	1.8 Km	50m	10

Black and Brown courses are printed on A4 at 1:15,000. Short Brown and Blue are printed on A3 at 1:10,000. All other courses are printed on A4 at 1:10,000. Control descriptions are written in text on White and Yellow courses and pictorial on all other courses.

The legend could not be fitted on White to Short Blue courses. Separate legend slips will be available at the start if required.

ROUTE TO START/FINISH AREA

The start and finish are approximately 1,500 metres from the Event Centre. Apart from a short section close to the Event Centre field, it is along muddy, but buggy passable public footpaths. Please allow plenty of time to reach the start. Competition rules dictate fixed start times. Late arrival could mean a long cold wait as explained elsewhere.

After you pass the Clothing Dump, the route to the start passes through an area of special archaeological interest. This area is strictly Out of Bounds. Please keep to the track.



HERTFORDSHIRE ORIENTEERING CLUB



If you wish to cycle to the start, you can do so by following Park Lane from the car park entrance. Turn left when you reach the small car park in Park Lane to join the pedestrian route. Do not use the pedestrian route through Dorney Wood. This is not a designated cycle path. Beware of cars entering, or leaving the car park. Bicycles may be left at the clothing dump.

STRING COURSE

Just outside the event centre, those interested will find a string course. This will be available from around 10h00 until 14h00. Please arrive well before closing time to avoid disappointment.

CLOTHING DUMP

A clothing dump area will be provided on the common route to the start and from the finish. The area will be attended, but we cannot accept responsibility for loss. Do not leave valuables. Please provide your own polythene bag.

WARM UP

An area will be identified close to the start for warming up (or keeping warm if you are waiting for a start slot). Please do not stray from this area. It is adjacent to the competition area and particularly, an area of special archaeological interest, which is strictly out of bounds.

START

Start times will be published on www.fabian4.co.uk after closure of on-line entries on 25 February 2010.

Call up for the start will be at -4 minutes. Clear your dibber before arrival at call up and check as you are called forward. Control descriptions will be available after -3 minutes. Blank maps will be available to study after -2 minutes. To ensure accurate timing, a punching start will be operated. You will be required to punch before collecting your map.

If you are late for call up at the start, please report to the late start marshal who will record your presence and try to find you a possible start time. You will only be allowed to start at your allocated time if your time group has not passed -1 minute. After this time, your place may have been taken by someone else and it would be unfair to disrupt the starting line to manage an exchange.

Start times are fixed to comply with BO rules applicable to this level of event. You will only be allowed to change your start time if a vacant slot is available in line with the rules. The start marshals will have a list of pre-entered competitors. EOD competitors will not be on the list, so people wishing to change their start time will have to give priority to EOD competitors. This means you will not be slotted in until -1 minute when it is obvious that the slot has not been occupied by an EOD competitor. You will lose your opportunity to study a blank map.

For your own benefit, you are strongly advised to arrive on time for call up at -4 minutes. Some courses are nearly full for some time bands. You could face a long cold wait if you miss your time.

Maps will be printed on waterproof paper. Control descriptions will also be printed on your map.

The legend is missing on White to Short Blue courses. Separate legend slips will be available at the start if required.



HERTFORDSHIRE ORIENTEERING CLUB



DURING YOUR RUN

There are a number of areas which are out of bounds for various reasons. Please make every effort to avoid them. Our permission to use these magnificent ancient woodlands depends on respecting the wishes of the landowners.

Courses using Egypt Woods cross a derelict fence containing barbed wire. Four crossing points will be provided, but you may cross wherever you care to risk your O kit and your skin on the barbed wire.

Some of the longer courses cross and re-cross a minor road. Crossing points will be marked in the control descriptions, but the crossings themselves will not be manned. Visibility is good for the likely speed of traffic. Please take care.

If you find any obvious orienteering litter (lost control descriptions, etc.) whilst out on your course, please pick it up. We want our presence to be as unobtrusive as possible. Waterproof paper does not biodegrade like ordinary paper.

FINISH

There should be two control boxes at the finish. Punch one and follow the direction signs back to the Event Centre. Drinks, the Clothing Dump and First Aid are located a short distance from the finish. The finish itself may not be manned permanently, but the clothing dump will be manned continuously. The person manning this position will be equipped with a mobile phone to summon assistance if you need to report any problems needing urgent attention. St John first aiders will be available near the Clothing Dump to patch up injuries and offer treatment advice. They will have an ambulance to take you to A&E if you have a serious problem.

Maps will not be collected at the Finish. In the interests of fairness, please do not show your map to people who have yet to start.

Courses close at 15h30.

DOWNLOAD

Download is located, hopefully where you cannot miss it, just inside the event centre field. Please don't forget to download. When you download, you will receive a print out of your course splits and an indication of your race position at the time of downloading. Hired dibbers will be collected from you when you download.

Provisional results will be posted from time to time during the event. Full results will be published as soon as possible after the event on www.happyherts.org.uk.

PROTESTS

Any informal comments or criticisms may be sent to the organiser either via Enquiries on the day, or at burnham-28-02-10@happyherts.org.uk afterwards. If you wish to register an official protest, this must be made in writing together with a £5 fee (refundable if the protest is accepted) before courses close at 15h30 on the day.

DEPARTURE

Due to the restricted car park entrance and the need to minimise queuing on the adjacent roads, CARS WILL NOT BE ALLOWED TO EXIT BEFORE 12h00. Priority will always be given to cars entering the site.

The visibility on leaving the car park is very restricted due to a thick hedge close to the roadside. A marshal will be posted to assist your exit, but ultimately, you will be responsible for driving your vehicle safely.

www.happyherts.org.uk



HERTFORDSHIRE ORIENTEERING CLUB



We hope you enjoy our event. Have a safe journey home. We look forward to welcoming you to another HH event again in the future.

CANCELLATION

In the event of severe weather, or any other unforeseen circumstances, HH reserves the right to cancel the event at short notice. In the unlikely event of cancellation, a notice will be posted on www.happyherts.org.uk and on www.fabian4.co.uk. If a refund is given, this will be based on the amount of any surplus remaining after committed expenses have been deducted.

OFFICIALS

Planners	Jane & Barry Breed	Controller	Neville Baker (TVOC)
Land Access	Neil Gostick	Entries	Sue Marsden
Event Centre	Mike Edwards	Enquiries	Susie Hall
Start	Máire Convery	Finish Facilities	Gill Hanson
Download	Kevin Parkes	String	Jenny Gostick
Organiser	Roger Moulding		

All competitors take part in this event at their own risk and are responsible for their own safety