



HERTFORDSHIRE ORIENTEERING CLUB



Invites you to a veritable festival of orienteering in the fabulous, runnable and beautiful surroundings of Burnham Beeches and Egypt Woods.

This exciting event will take place on 22 Feb 2009 and is a National Event (LEVEL 1), incorporating INTERLAND, which is the SOUTHERN AREA CHAMPIONSHIPS and is a Future Champions Cup qualifier. Why not make it a weekend of orienteering by entering the JOK Chasing Sprint the previous day at Whippendell Woods near Watford, Hertfordshire.

The Event celebrates the 40th Birthday of the Hertfordshire Orienteering Club.

Further details are at: www.happyherts.org.uk or email burnhamorganiser@happyherts.org.uk or contact Mike Edwards on 01494 526330.

Travel Directions: The event will be signposted from junction 2 of the M40 (Beaconsfield [SU 952 893](tel:01494526330)). There will be a one-way system in operation so please follow the signs as the roads approaching the assembly area/parking field are extremely narrow (people intending to bring a vehicles wider than 6 feet 6 inches should contact the organiser beforehand so that alternative arrangements can be made). There will be a small charge for car parking. Car parking will be immediately adjacent to the assemble area and orienteering traders and caterers have indicated an intention be present.

Start and Finish: The longer courses will have a 15 minutes walk to the north start whilst the juniors and shorter senior courses will have a 10 minute walk to the south start (9 minutes of which is common with the walk to the north start). The event will finish with a run-in in the assembly area and space will be allocated for club tents. There will be no clothing transfer.

Courses: There will be a full Range of National Event Courses: Short/Long for seniors A/B for juniors (includes M/W18E, M/W20E, M/W20L/S and M18L/S in accordance with new guidelines for Level 1 events) and of course extremely demanding M/W21Elite courses. There will also be limited colour coded courses (white to light green) with long and short novice courses suitable for complete beginners of all fitness levels. The Planners are Alan Rosen and Kevin Harding, and the event will be controlled by Colin Duckworth (TVOC).

Entry Fees: Adults £17.00 (£2 discount for BOF National Members and Southern Area Members SEOA/SCOA/SWOA). Juniors/Students and colour-coded entries £7.50. SportIdent (SI) electronic punching will be used on all courses. Hire of SI-cards, please add £1.00.

Electronic Entry (preferred) via: www.oentries.com/event/details/78-burnham-beeches-national-event or by **Postal Entries** (using the form on the back of this flyer) to: Burnham Entries, c/o 24 Glen Way, WATFORD, Herts. WD17 3JL. Entries accepted up to 14 Feb 09 with late entries, only accepted at the organiser's discretion, subject to a surcharge of £2.

Entry details for the JOK Chasing Sprint can be found at www.jok.org.uk/chasing_sprint/2009

Dogs: the organiser regrets that the landowners do not permit dogs on the area or in the parking/assembly field.

ENTRY FORM

Competitors take part at their own risk and are responsible for their own safety. Please complete using BLOCK CAPITALS.

HH National Event/Southern Area Championships on 22 Feb 2009

CONTACT NAME:

ADDRESS:

Postcode:

Phone: e-mail:

DATA PROTECTION ACT: Details will be stored on computer. It may not be possible to process an entry for anyone who objects to having their details so recorded.

BOF No.	SI-Card No.	CLASS	NAME (20 letters max., forename first)	CLUB	START	BIRTH YR	FEE
1 2 3 4 5 6	1 2 3 4 5 6	M 35 L	E U A N O R I E N T E E R	O K L U B	Early/Mid/Late	1962	£0.00

No. of sets of Pre-Race Information:

No. of sets of Results:

TOTAL FEE ENCLOSED £

Please tick for split times for parents (indicate Early/Late above)

Please tick if any entrant/s running out of class

ADDITIONAL INFORMATION:

Please enclose **two stamped SAEs** (at least 9" x 6") and a **cheque made payable to the Hertfordshire Orienteering Club and send to Burnham Entries, c/o 24 Glen Way, WATFORD, Herts. WD17 3JL.**