



# HERTFORDSHIRE ORIENTEERING CLUB



*District Event incorporating the  
Regional Round of the Yvette Baker Trophy*

## **Ashridge Park West** **Sunday 11th October 2009**

- Location** Ashridge Park West. Adjacent to the B4506 between Northchurch and Ringshall. Grid Ref SP 979 128.
- Terrain** Generally runnable mixed forest with a good path network and some areas of bracken. It is on a gently sloping plateau with a steep west facing scarp
- Parking** Off Monument Drive with the permission of the National Trust
- Courses** White, Yellow, Orange, Light Green, Short Green, Green, Blue & Brown.
- Starts** Registration from 9:30 to 12:00. Start times 10:00 to 12:30. Start and Finish within 400m of Registration..
- Fees** Adults £9.00, Juniors £3.00. Senior BOF members deduct £2.00.
- Punching** Sportident will be used. Dibber hire £1.00
- Map** 1: 10,000. Overprinted for all courses
- Facilities** Toilets in the National Trust Centre. Squash/water provided at Download. The National Trust Centre and café will be open for refreshments. Ultrasport will attend. Dogs are allowed if strictly under control.
- Planner** Rory Percival (HH)
- Organiser** Robin Barris (HH), 01707 266030, [ashridge-11-10-09@happyherts.org.uk](mailto:ashridge-11-10-09@happyherts.org.uk)
- Controller** Colin Dickson (BAOC)

Team managers are asked to contact the organiser at least two weeks in advance with brief details of their team.

Please note that the National Trust have put a 500 limit on this event.

**Competitors take part at their own risk  
and are responsible for their own safety.**

**[www.happyherts.org.uk](http://www.happyherts.org.uk)**